

USE
Upward Bound
Program
Fall Orientation
2023

**“Transformation for Tomorrow:
Navigating the New Normal”**

USF Upward Bound Staff

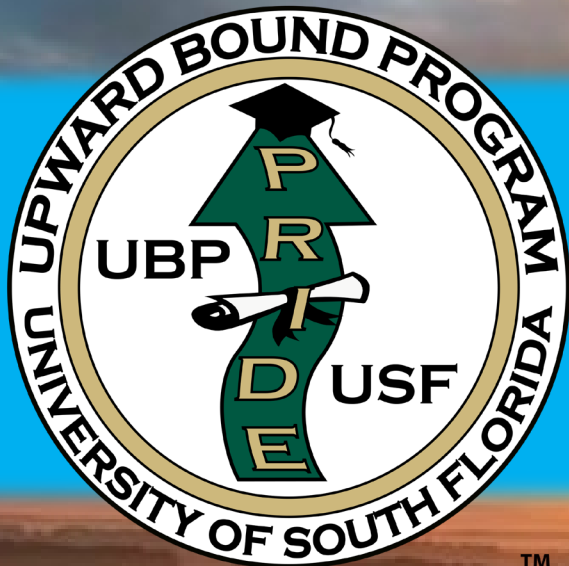


Director: Raymond Cabrera

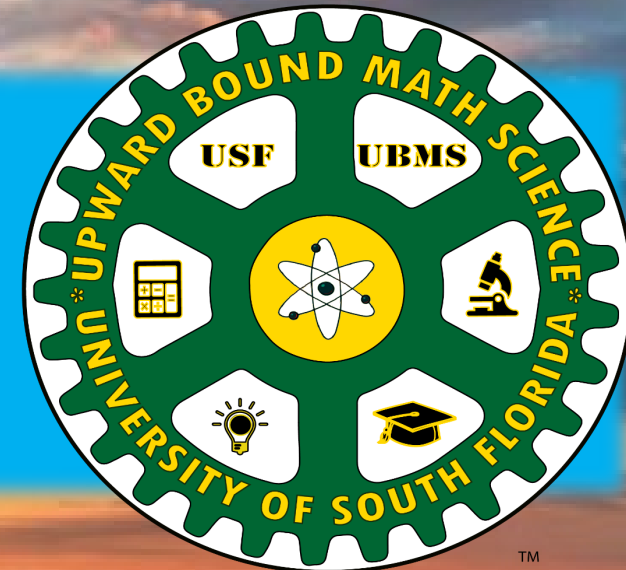
Assistant Director: Carrie Blaustein

Assistant Director: Dr. Lawanna Curry

Academic Advisor: Morris Martin



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Saturday Tutorial Academic Year Schedule

Fall 2023

September 9 th	October 7 th	November 4 th	December 9 th
September 16 th	Oct 21 st Student leadership	Nov 11 th Senior Trip	December 16 th

Spring 2024

January 20 th	February 24 th	April 6 th	May 11 th
January 27 th	March 2 nd	April 20 th	
February 10 th	March 30 th	May 4 th	

Master Schedule of Classes (example)

MAIN ATTENDANCE: CLICK MAIN FIRST TO SIGN IN

Teachers' Names	PERIOD 1 9:10 - 9:50 AM	PERIOD 2 9:55-10:35 AM	PERIOD 3 10:40 AM - 11:20 AM	PERIOD 4 11:25AM-12:05 PM	PERIOD 5 12:10-12:50 PM
ADDISON	ENGLISH IV	ENGLISH AP	ACE ENGLISH	ENGLISH AP	ENRICHMENT (CPR 103)
PARADISO	ENGLISH III	ENGLISH II	ENGLISH II	ENGLISH III	ENRICHMENT (CPR 103)
FAISON	ANATOMY	ENV SCIENCE AP	BIOLOGY	ACE MARINE SCIENCE	ENRICHMENT (CPR 103)
WHITE	CHEMISTRY	CHEMISTRY	CHEMISTRY	PHYSICS	ENRICHMENT (CPR 103)
SHIPP-WASHINGTON	AP WORLD HIST	AP US HIST	US HIST	WORLD HIST	ENRICHMENT (CPR 103)
REID	ALGEBRA II	ALGEBRA II	ALGEBRA II	ALGEBRA II	ENRICHMENT (CPR 103)
SAMPSON	CALCULUS/PREC	PRECALC	PRECALC	PRECALC	ENRICHMENT (CPR 103)
ROBINSON	MATH FOR COLL ALG	DATA AND FIN LITERACY	GEOMETRY	GEOMETRY	ENRICHMENT (CPR 103)
LUNA	SPANISH I/II	SPANISH I/II	SPANISH I/II	SPANISH I/II	ENRICHMENT (CPR 103)
ACT	SOPHOMORE ACT	SOPHOMORE ACT	SOPHOMORE ACT		ENRICHMENT (CPR 103)
MARTIN		JUNIOR ACT/SAT	JUNIOR ACT/SAT	JUNIOR ACT/SAT	ENRICHMENT (CPR 103)
CURRY		SENIOR COUNSELING	SENIOR COUNSELING	SENIOR COUNSELING	ENRICHMENT (CPR 103)

Schedules

- Classes on schedule should be a core course you are taking in school that you need the most help with (math, English, science, social studies, Spanish)
- All seniors have Dr. Curry for two periods (2&3, 3&4, or 2&4)
- Sophomores will take sophomore ACT
- Juniors will take SAT/ACT Review
- If you need a change, fill out the schedule request form (choosing your four classes, period 1-4)
- Website for student schedules: <https://usfubp.weebly.com/saturday>
- Fifth period will be enrichment activities and not a course

Enrichment Hour (5th Period)

- **Crash Courses**
- **Educational Fair**
- **Community Service Opportunities**
 - **Test Preparation**
 - **Academic Advising**
- **Cultural Enrichment Activities**
- **Student Government Involvement**
 - **Financial Literacy**

Meals

Lunch will be provided on Saturday Tutorial Sessions after Enrichment Hour.

Adventures for 2023-2024

Student Leadership--USF

October 20-October 21, 2023

Senior Trip—Puerto Rico

November 9-12, 2023

Spring Break Trip—New Orleans

March 10-13, 2024



FLORIDA
GULF COAST
UNIVERSITY

COLLEGE TOURS

PROFESSIONAL DEVELOPMENT



FL TRIO
PRESENTS



CLIMBING AND
BUILDING TOGETHER

**STUDENT LEADERSHIP
CONFERENCE**

OCT

**20
-21**

UNIVERSITY OF
SOUTH FLORIDA

2023

4202 EAST FOWLER AVE, TAMPA FL 33620

SGA ELECTIONS

SSS DEBATE

BRIDGE BUILDING

Saturday Procedures

Sign-in Procedures

On the day of tutorial sessions, students are to report to Cooper and sign-in for attendance. Students should report immediately to their assigned classroom. Students will need to be here by 8:45 a.m.

Pick-Up

Parents are expected to pick-up their child promptly at 1:00 p.m. Parents are strongly urged not to allow students to leave campus early unless absolutely necessary. Additionally, parents are urged not to permit students to be picked-up up by friends, neighbors, or others.

Three (3) absences will receive a written warning.

Five (5) Saturdays throughout the academic year, the student may be dismissed from the program.

Three (3) tardy in any class or workshop is equal to one(1) absence.

Unexcused absences will result in a student not receiving their stipend and may lead to disciplinary action.

If your child cannot attend a Saturday session or will be early or late, please fill out the Absentee Form at www.usfubp.weebly.com or in person

If participating in a school or community event, students must obtain a signature by the organizer and attach a schedule or other documentation to justify the absence.

Dress Code

- Any UB polo shirt, T-shirt, or hoodie must be worn every Saturday with Jeans.

- Pants must be secured on the waist and no undergarments exposed (belt required).

- Hair must be neatly groomed at all times.

- Hats cannot be worn inside any building.

- Skirts/shorts: no shorter than mid-thigh and in good repair.

- No holes in jeans, pants, shorts, or other attire.

- Students will be sent home if not in compliance with dress code.

- The student will have the opportunity to go home and change into the appropriate attire and they can return that same day to the program.

- If a student is sent home and refuses to change, the student will be marked as unexcused from the Saturday session.

Weeknight Tutoring and Requirement

Weeknight Tutoring will only be held on Tuesdays from 5:00pm-7:30pm. Any week that we do not have a UB Saturday, we will offer tutoring on Tuesday and Wednesday.

Students must participate in at least two sessions lasting at least thirty minutes or a hour-long session of afterschool tutoring with Upward Bound per semester.

Students will login to the main room for attendance and then login to the teacher for the subject they need help with using Microsoft Teams and the Grid.

If you need any additional assistances, tutoring is available from the Hillsborough County Library through the site below.

<https://hcplc.org/research/homework-help>

(Tutor.com and other learning links)

All you need is a library card.

School Visits

To ensure students are staying on track with their academic plan, the Academic Advisors will be visiting the schools once a month. Prior to each month, an email will be sent out to inform students of those days. Typically, USF UBP will have a table in the cafeteria or in front of the media center. Students will be sent a text on remind the morning of the visit.

Academic Improvement Plan

- ✓ Provide additional resources for students in academic jeopardy.
- ✓ The plan will be in effect until the student increases their semester GPA to 2.3 or above.
- ✓ Required to attend 4 additional tutoring sessions throughout the semester in addition to Saturday tutorials. Sessions should last at least 30 minutes.
- ✓ Students will be given a tracking sheet where they will be able to record the sessions with their tutor and they will have to get a signature from the tutor or parent upon completion of the session.
- ✓ The Academic Advisors will communicate with students and parents to implement the plan and then review the following nine weeks report card to notify the Academic advisor of each students' progress.

SAT & FAFSA Updates

➤ This fall will be the last semester that College Board will offer the written SAT test. Moving forward after this fall the test will be in digital format. We as the Upward Bound staff have decided that all juniors should take the final test date on Dec 2nd. We believe our students will do well on both versions but we wanted to give them one more written before it went away.

SAT Section	Content on Module 1	Content on Module 2
Section 1: SAT Reading and Writing	Students are given a broad mix of easy, medium, and hard questions.	Students are given a targeted mix of questions of varying difficulties based on their performance in Module 1.
Section 2: SAT Math	Students are given a broad mix of easy, medium, and hard questions.	Students are given a targeted mix of questions of varying difficulties based on their performance in Module 1.

THE FINANCIAL AID APPLICATION OPEN DATE WILL BE DECEMBER 1

CHANGES TO HOW FAFSA CALCULATES NEED: WORKSHOP COMING SOON

Parent and Student Government Associations

Upward Bound Parent Association/ Parent University

USF Upward Bound Parent Association is active in planning activities, educating other parents, raising funds and scholarships, community service, and student advocacy.

USF Upward Bound SGA provides:

- Community Service
- Leadership Opportunities
- Fundraisers
- Student Initiatives
- Creating Bonds and lasting friendships

Stipends

To earn the full stipend for a Saturday or weeknight, you must follow all of these rules:

- Behave appropriately
- Arrive on time
- Bring required materials (books, paper, etc.)
- Complete assignments
- ***Students' stipends can be deducted based on conduct and preparation for sessions.

Criteria	Points/ Amount	Number of times	Total Possible
UB attendance (Saturday session)	\$15.00	18	\$270.00
UB attendance (Tuesday)	\$5.00	Up to 20	\$100.00

Stipends W-9 Forms

- Complete a W-9 form when entering program and when address changes
- • Request a W-9 form immediately (you can request from staff or access at www.usfubp.weebly.com/forms)
- • Complete All highlighted fields including email and phone
- • Handwriting must be neat, clearly manually printed in addition to your signature
- • Correct spelling, zip code, city, numbers must correspond

For the OPTIONAL direct deposit you need an ACH Direct Deposit form and a Letter from a Bank with your name, routing number and account number. You must sign your name as the Authorizing Approver on the Direct Deposit form.

Bus Schedule

West Hillsborough County Areas

Stop 1: Leto High School (Front of school)	7:30 am
Stop 2: Corner of Armenia & Martin Luther King (Bank of Tampa)	7:50 am
Stop 3: Ferrell Middle School	8:05 am
Stop 4: Value Pawn Shop @ 40th Street	8:20 am
Stop 5: Chamberlain High School (Front of School)	8:35 am
Stop 6: University of South Florida (Behind USF Library off Alumni Drive)	8:45 am

East Hillsborough County Bus A

Stop 1: East Bay High School (Front Entrance-Big Bend Rd)	7:30 am
Stop 2: North St. & Tangle Brook Blvd	7:40 am
Stop 3: Clair Mel Elementary School bus ramp/front entrance on 78th St.	7:55 am
Stop 4: Brandon High School (Front of School on Victoria St.)	8:15 am
Stop 5: University of South Florida (Behind USF Library off Alumni Drive)	8:55 am

East Hillsborough County Bus B

Stop 1: Armwood High School (Front of School)	8:30am
Stop 2: Tampa Bay Tech H. S. Orient Road Entrance	8:45 am
Stop 3: Temple Terrace Plaza @ Busch & Bullard Parkway (CVS Pharmacy)	8:50 am
Stop 4: University of South Florida (Behind USF Library off Alumni Drive)	8:55 am

Academic Year Info

usfubp.weebly.com/Saturday



Remind Text Message System

Text the message below that applies to your standing to the phone number 81010:

**Soph:@2026ubp; JR
@2025ubp; SR @2024ub
Parents:@parentsub**

You will receive an automated confirmation text from Mr. Cabrera verifying your subscription. You can also download the Remind App from Play or Apple Store.

Social Media

Upward Bound Websites

www.usf.edu/UBP
usfubp.weebly.com

Facebook (facebook.com/USFUBP1)

YouTube (youtube.com/usfubp)

Instagram ([usf_ubp](https://instagram.usf_ubp))

Contact Info

Mr. Cabrera: rcabrera@usf.edu (813) 767-8758

Ms. Blaustein: blaustein@usf.edu (813) 787-0083

Dr. Curry: lc Curry22@usf.edu (813) 326-0860

Mr. Martin: morrismartin@usf.edu (813) 385-7352